

Mental Health Support Team (MHST)

Macclesfield



Pete

Clinical
Coordinator



Hollie

Senior Education Mental
Health Practitioner



Adrian

Mental Health
Practitioner



Laura

Education Mental
Health Practitioner



Phoebe

Children's Wellbeing
Practitioner



Wafa

Children's Wellbeing
Practitioner



Rae

Education Mental
Health Practitioner

The MHST works with schools to support children and young people who are experiencing common low-level mental health difficulties.

We deliver 1-1 and group sessions to children, young people, and parents of those experiencing:

-  Anxiety
-  Low mood
-  Behavioral problems
-  Social communication difficulties

If you or your child feel they may benefit from MHST support, speak to your schools: Senior Mental Health Lead, class teacher, SENCo or Head Teacher. Referrals to the MHST are made by the school.