

# FAMILIES AND COMMUNITIES TEAM

## PARENT WORKSHOPS



**Parent Workshop: Supporting your child and their wellbeing with the impact of the Academic World**

Visyon's Family and Community Wellbeing Team are pleased to offer a **90-minute Parent Workshop**. This Workshop explores the pressures that children face at school and the reasons why school refusal can occur. This workshop looks at the impact of anxiety on a child at school and offers ways to support your child with their anxiety. We also briefly look at the additional pressure of Special Educational Needs (SEN) on a child.



This workshop is available to families in **Cheshire East** and will be held **at Visyon in Congleton** for **face-to-face** delivery.

If you would like to book a place on the Workshop, please contact [FamiliesandCommunitiesTeam@visyon.org.uk](mailto:FamiliesandCommunitiesTeam@visyon.org.uk) who will contact you with further details.

Places are limited and will be allocated on a first come basis.

### **Parent Workshop Date:**

- Tuesday 14<sup>th</sup> March at 10.30 am – 12.00 pm.